**Principal’s Message**  
27/03/2015  
No. 05/2015

As the term draws to a close it is a pertinent time to reflect on the achievements of the term. We have had some new families join us and I would like to extend a warm welcome to them. We also have a number of new students joining us next term and I would like to extend a welcome to the students and their families.

Congratulations to 2014 senior Kayla Donovan who has been awarded the “Adam Scott Scholarship” to assist with her university studies. Kayla is studying towards her Bachelor of Nursing degree, having successfully completed three SUN courses while she was a student at Calen. This is a wonderful achievement for Kayla and we are very happy for her. Kayla, you are a credit to yourself, your family, your school and your community.

Our Annual Implementation Plan and Explicit Improvement Agenda have been approved and endorsed by Regional Office. Our priorities for 2015 are:

- To improve student learning outcomes in English and Mathematics with particular focus on writing and numeracy in 2015.
- To build teacher capacity and capability to analyse data to inform teaching and learning practices.
- To build teacher capacity and capability to identify and implement effective teaching practices that will lead to school improvement.
- To deliver a differentiated curriculum that meets the needs of individual learners and aligns with the P-12 framework.
- To provide successful transitions for students from kindergarten to primary; from primary to secondary; and from secondary to further training or employment.

Within each classroom the two major focus areas are maths and writing. This does not mean that we focus on these areas to exclusion of the other learning areas. What it means is that as a staff we have identified that these two areas are the focus areas for improvement and require some more time devoted to implementing certain strategies.

You will note that one of our goals for teachers is to further develop their capability and capacity to analyse data. One of our teachers, Anton Richards developed a data analysis tool which is now being implemented throughout the Central Queensland Region. Anton was seconded to Regional Office to complete the development of the program which he was doing in his own time, and he is now travelling throughout the region training staff regarding the application of this resource. We at Calen have been fortunate in that we have been involved with the development of this program from its inception as Anton would get our staff to trial aspects and would take on board comments and suggestions we made.
In previous years our priority has been to improve the students' results on reading comprehension and in particular in the area of inferential comprehension. As one of our strategies we introduced the Cars and Stars program which focussed on the explicit teaching of reading comprehension strategies. The initiatives and strategies which we implemented to support student learning at our school resulted in Calen District State College being acknowledged by ACARA as a school achieving above national average in terms of student gain and improved outcomes. We are fortunate at Calen in having a committed and talented staff who have high expectations and believe that students can achieve. We printed a copy of the congratulatory letter from ACARA in the last newsletter.

I have often spoken with pride and gratitude of the partnerships we have with businesses and organisations such as Cummins South Pacific (Mackay branch), 4CRM and CQUniversity Australia. These organisations enable us to provide a range of exciting and very valuable learning experiences for our students. I would also like to personally thank the parents and community members who have given us the benefit of their time and skills. Last year Art teacher Jasmine Neyland utilised the services of Art gallery director Margaret Burgess and print maker Tracey Robb to enhance the learning experiences of her art students in mural design, print making and career opportunities in the art world. Jasmine has continued with providing these opportunities this year and I would like to thank Lalune Croker (mother of Sherpa and Fergus Alexander) for using her expertise in ceramics with our secondary art students. Jasmine, Lalune and the students are going to work on a community project involving ceramics and possibly the centenary of the Gallipoli landing. Our parent helpers in the prep classroom continue to be a valuable resource and I would like to thank them for their continued support. A special thank you to the following who have been regular helpers both in the pool and the classroom during first term: Kelly Donovan, Tracie French, Jenny Gordon, Alison Keeble, Casey Lindsay, Merinda Tichowitsch and Maria Williams. I apologise if I have missed anyone from this list.

In the last newsletter I mentioned that our school was involved with Evoke Fitness and their challenge to accumulate moves and points. We took students who were over the age of fifteen to Evoke for a workout two weeks ago. Our students and teachers were accompanied by local Police Constable Andrew Cridland. Calen's top scorers were Andrew and school captain Lane. The challenge has now been completed and I am happy to announce that Evoke was placed third in Australia and as a consequence our school will receive $5,000 worth of sports and gym equipment. Thank you to Evoke manager Jo May-Jolley, her staff and the Evoke members who have contributed to the total points which have in turn contributed to our prize. Andrew will be running with our students in the secondary cross country.

During this term our year 10, 11 and 12 students participated in work experience and we have received positive feedback regarding their work ethic, manners and skills. Some of them also obtained school based apprenticeships as a result of their experience. Any student who wants to undertake additional work experience during school holidays is asked to contact the school and we will arrange the paperwork for you.

I wish everyone an enjoyable school holiday and if you are travelling during the Easter vacation, please be safe.

Brian O'Neill
Principal

P&C COLUMN

Happy Easter to everyone and the P&C Committee would like to thank everybody for their support this Term. Our next meeting will be in the first week back of Term 2, being Tuesday the 21st April 2015.
**SCHOOL PHOTOS**

**Wednesday 29th April 2015**

AdvancedLife Photography will once again be photographing our school on Wednesday the 29th April 2015. Envelopes have recently been sent home with your child.

Please ensure that each child returns his/her own envelope even if payment is made in the eldest child’s envelope. Envelopes are not to be placed inside other envelopes. **If ordering online you do not need to return the order envelope to school.**

**If using other payment options other than online, envelopes are to be returned before Photo Day. Correct money is required in the envelope if paying by cash. Late orders cannot be accepted at the school after the Photo Day.**

Sibling photos are also available for students at the school, please collect a “family order envelope” from the office and return to the office once completed or ordered online.

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**School Photos Are Now Available For Secure Online Purchase**

**4 Easy Steps to Online School Photos Ordering**

**Step 1:** Go to www.advancedlife.com.au before photo day and enter your school code FPR K2E MJR

**Step 2:** Enter your student’s details.

**Step 3:** Choose the package that best suits your needs (all orders will be returned to the school for collection.)

**Step 4:** Pay for the photos via the shopping cart (upper right corner of the page).

**PLEASE NOTE:**

**LATE FEES will apply once orders are closed | Family/Sibling photo orders online close 48 hours before the first school photo day however they can be purchased with an envelope up until photo day**

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**TOUCH FOOTBALL TRIALS**

Students born 2003 to 2005 have been invited to trial for selection in the Calen Sub District Touch Football team. The trials will be held at Hampden School Oval on Tuesday the 31st March 2015 from 3:00pm to 4:15pm. Students must demonstrate agility, speed and hand/eye co-ordination. Please bring a hat, sunscreen, water bottle and wear appropriate footwear (no league tags permitted). The Calen team selected will compete at the Mackay District trials on Thursday 23rd April 2015 at Norris Road Touch Football Grounds. A permission note/medical form has been sent home to the invited students, please return to the school office immediately.

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**SENIOR SHIRTS**

The year 11 and 12 classes are invited to order a senior shirt for 2015. Please complete the order form with all of the information and return it to the office staff as soon as possible. Please note that in order to receive a senior shirt, the Student Resource Scheme (SRS) Participation Form must be returned to the school, all school fees must be either already paid or a prior arrangement in place with the office staff.
**CHORAL FESTIVAL**

On Monday night 12 of our wonderful year 4-6 students performed at the 23rd Regional Choral Festival at the MECC. After a term of rehearsals, they managed to learn six songs which they then performed in front of a sell-out crowd. The songs ranged from the Bulgarian Fold Song “Sao Roma” right through to beautiful songs like “Orange Tree” written by Australian composer, Paul Jarman. Lucky for us, Paul was also our conductor for the festival and (in between the giggles) we learnt a variety of different vocal warm-ups and techniques. It was a wonderful opportunity for our students and everyone who participated should be extremely proud of their efforts. Our students represented their school with pride and were very well-behaved. Thanks to all the family and friends that drove our students to and from rehearsals...and listed to “Flooding Rains” fifty-thousand times.

**Miss Amanda Walz**  
Primary Music/Art Teacher

**CALEN JUNIOR TENNIS**

What a great start to the Calen Junior Tennis 2015 season. Last Friday we started our coaching at the Kolijo Courts and we have such a fun and wonderful coach – we really are lucky to have Matt. So come down every Friday from 3:20pm to meet our new coach and see for yourself what a great impact he has on both the young and older children – he has a lot that he can teach them. Just to recap for those who might have missed the details last fortnight, the program will be:  
A-Grade fixtures commence 3:30pm; B-Grade coaching for lower age group at 4pm; B-Grade coaching for higher age group from 4-5pm; A-Grade coaching from 5-6pm. Coaching prices range from $8-$10 depending on grade, ball fees are $5 and the canteen is always open with cold drinks and snacks. Okay, the icy-cups are frozen so come along and give your kids the opportunity to have a great afternoon and learn a skill they can take with them wherever they might go in life.
STUDENT RECOGNITION

Well done to the following students who have been rewarded for their positive behaviour.

<table>
<thead>
<tr>
<th>Class</th>
<th>Student</th>
<th>Positive Behaviour</th>
</tr>
</thead>
<tbody>
<tr>
<td>PV/01</td>
<td>Pippa</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Emmett</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td>07</td>
<td>Bridgette</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Billy</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Joshua</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Piper</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Matthew</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Sophie</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Jake</td>
<td>Leadership Responsibilities – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Juliska</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Cassidee</td>
<td>Award – Recognition on Morning Parade</td>
</tr>
<tr>
<td>08</td>
<td>Emmalese</td>
<td>Exemplary Behaviour – Recognition on Morning Parade</td>
</tr>
<tr>
<td></td>
<td>Jack</td>
<td>Leadership Responsibilities – Recognition on Morning Parade</td>
</tr>
<tr>
<td>09</td>
<td>Rowan</td>
<td>Leadership Responsibilities – Recognition on Morning Parade</td>
</tr>
<tr>
<td>10</td>
<td>Tristan</td>
<td>Leadership Responsibilities – Recognition on Morning Parade</td>
</tr>
</tbody>
</table>

CROSS COUNTRY WINNERS

Well done to everyone who participated in the Cross Country on Friday 27th March 2015. Thank you to all of the parents and family who came along and supported our students and a special thank you to Andrew our local Police Officer for coming down and running with the kids. Listed below are the Cross Country Winners:

<table>
<thead>
<tr>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 years (2010)</td>
<td>Alex</td>
</tr>
<tr>
<td>6 years (2009)</td>
<td>Ryan</td>
</tr>
<tr>
<td>7 years (2008)</td>
<td>Abbey</td>
</tr>
<tr>
<td>8 years (2007)</td>
<td>Hannah</td>
</tr>
<tr>
<td>9 years (2006)</td>
<td>Chloe</td>
</tr>
<tr>
<td>10 years (2005)</td>
<td>Paige</td>
</tr>
<tr>
<td>11 years (2004)</td>
<td>Jorja</td>
</tr>
<tr>
<td>12 years (2003)</td>
<td>Bethanie</td>
</tr>
<tr>
<td>13 years (2002)</td>
<td>Kasey</td>
</tr>
<tr>
<td>14 years (2001)</td>
<td>Natalie</td>
</tr>
<tr>
<td>15 years (2000)</td>
<td>Tamara</td>
</tr>
<tr>
<td>16 years (1999)</td>
<td>Jasmine</td>
</tr>
<tr>
<td>Open (2010)</td>
<td>Madi</td>
</tr>
</tbody>
</table>

OVERALL WINNER (points)

<table>
<thead>
<tr>
<th>Primary</th>
<th>Mercury</th>
<th>Neptune</th>
</tr>
</thead>
<tbody>
<tr>
<td>125</td>
<td>110</td>
<td></td>
</tr>
<tr>
<td>86</td>
<td>74</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL 211 184
Family Squabbles

Parents often worry about brothers and sisters quarrelling. A certain amount of quarrelling is normal for children in families. It is one of the ways that they learn how to get on with other people. Quarrelling can be positive. Sometimes, however, you will need to step in when tempers become frayed and you can see that things are getting out of control.

What causes quarrelling?
Learning to get on with others: Arguments between brothers and sisters are one of the ways that children learn to respect other people’s belongings and feelings. It is one of the ways children learn to solve problems. Learning to argue fairly and without hurting each other will help them get on with others.

Parents’ attention: Children in families also fight about parents’ love and attention. To children love means time and attention. Young children do require more attention, but allocating time to an older child is just as important and will make for better relationships all round.

Health: When feeling unwell, resistance can be low for coping with adversity. We may be more sensitive to comments and less able to manage our own emotions.

What parents can do
Here are some steps you can take to help lessen quarrels.

- Protect the needs of each child, for example prevent older children’s activities from being interfered with by younger children and vice versa.
- Spend special time with each child on a regular basis.
- Allow each child to own some special things of their own that they don’t have to share. For younger children, see that there are more than one of the same toys, such as matchbox cars, so that they can play together without having to share. Two second hand bicycles are often better fun than one new one that has to be shared. If you have three children make sure that the same one is not left out every time.
- Invite other children over – children learn social skills through exposure and practise
- Children need their own bit of space which will not be interfered with by others, even if it is only a drawer.
- Try not to compare children with each other - this always leads to bad feelings.
- Be generous with hugs and affection to all your children –even the teenager that appears to pull away – deep down they love the contact.
- Make ground rules. Get your children to help you make some rules about what behaviour is not allowed in your home, for example name calling or hitting = being respectful. Then if you have to step in, you do so because someone has broken a rule, not to take sides.
- When you can see that children are feeling upset, help them to find ways to express their feelings by talking about feelings. For young children play that helps with feelings includes water play, painting and playdough. For older children and adolescents it may be something like going for a run or playing their music, and especially opportunity to talk and problem solve themselves.
- Maintain good health - Healthy, active children may exhibit greater tolerance / resilience and manage their emotions more appropriately when needed

Children need adults to teach them how to solve problems, and while squabbles may be annoying and stressful they also may be the means of teaching resilience as well as developing skills for managing relationships throughout our lives. Adapted from ‘Parenting SA’, Government of South Australia

Ms Karen O’Keefe
Guidance Officer

NATIONAL VOLUNTEERING WEEK

Established in 1989, National Volunteer Week (NVW) is the largest celebration of volunteers and volunteerism in Australia. It provides an opportunity to highlight the role of volunteers in society and say thank you to more than six million Australians, including 1.2 million Queenslanders who volunteer. From 11th to 17th May 2015, a wide range of events, celebrations, awards, ceremonies, thank you morning teas, parades, professional development sessions, forums and more will be held nationwide in support of National Volunteering Week.
NEWS FROM THE SCHOOL NURSE

Autism Awareness Week 2015

Next week is Autism Awareness Week. Join us with the Autism Community to Embrace Difference and to increase understanding of Autism Spectrum Disorder. World Autism Day is Thursday the 2nd of April, so dress up Blue to raise awareness on the day.

This week represents a key point in the year where we celebrate with the community the achievements of people with Autism. This is a time to talk, read and learn about Autism Spectrum Disorder (ASD) so we can enhance awareness of ASD and create opportunities for greater inclusion and participation.

Ann Templer
School Based Youth Health Nurse

CUPCAKES FOR AUTISM DAY

WEDNESDAY 1ST APRIL 2015
Our school will be turning Blue
We will be selling
Cupcakes for Autism Day
At Morning Tea and Big Lunch
Cupcakes $1
Please bring along $1 and enjoy some
Yummy Delicious Cupcakes

YEAR 12 RAFFLE

Don’t forget about the year 12 raffle which they are running to help raise funds for their end of year formal. Tickets are only $2 each and you go into the draw to win an amazing $500 cash prize. If you haven’t already secured your chance to win this great prize, you can still buy a ticket from Calen District State College’s office, Calen News, Calen Hair & Beauty, Calen Leading Appliances, Calen Butchers, Calen Post Office, Kolijo Store, Calen Motors, Kuttabul Roadhouse and Bloomsbury Rural. The year 12s would like to thank all local businesses in supporting their raffle.

The winner will be drawn 5th April 2015.
NEWS FROM MANUAL ARTS DEPARTMENT

Safety Glasses

As discussed earlier this year students need to wear safety glasses at all times during any of the classes in Manual Arts. This is not a school rule but a requirement by Occupational Health & Safety.

It is however my job as a classroom teacher to make sure these laws are upheld. I know that sometimes that students can just forgot their glasses which I understand. I have a rule that if they forget their safety glasses then they need to see me before school or morning tea BEFORE the class if they wish me to provide them with some. I however will not provide students with glasses if they show up for the lesson and say that they have forgotten them. This shows lack of preparation for my subject area and I have to leave my class to obtain these resources.

The students’ safety glasses are their responsibility, not mine, as I have enough other jobs to do. Some students continually ask to borrow glasses, which is also not on. Part of the requirements for the course is having safety glasses. Parents need to check with their children if they have safety glasses.

Students without safety glasses at the start of term 2 will not be partaking in Manual Arts classes and will have to make alternative arrangements.

Each year I put out a plea to parents for spare safety glasses for those students who lose or forget them. Again this year I would like to ask parents for a donation of safety glasses that they don’t need at home.

Cheers

Shane O’Keefe
Secondary Manual Arts Teacher

MESSAGE FROM ASTHMA FOUNDATION QLD

The beginning of a school year is the busiest time of year for schools due to the new arrival of students and staff. With 1 in 10 children living with asthma, Asthma Foundation Queensland is encouraging everyone to ensure they are prepared for asthma this school year. Upon return to school, with large numbers of children coming together, the potential to share cold viruses between students increases, and as such, a spike in asthma symptoms associated with colds may result. Additionally, over the school holidays children and adolescents are less likely to have a structured, day-to-day routine as they do during the school term. As a result, it is common for children and adolescents with asthma to be less vigilant in taking their preventer medication everyday as prescribed. This can potentially lead to underlying inflammation and mucus production in the airways which could increase the risk of an asthma flare-up upon returning to school. Poorly controlled asthma, or an asthma flare-up, can have a significant impact on a child’s ability to learn, participate and concentrate at school. When asthma is poorly controlled, students are more likely to be easily fatigued and lack concentration. This may cause them to fall behind in school work, and limit their participation in school sport and other curricular activities.

How Can Parents be Prepared?

- Provide a blue/grey reliever medication (e.g. Ventolin), with the original pharmacy label, and spacer to eh school for their child.
- Supply an up-to-date Asthma Plan written and signed by their child’s doctor.
- Complete and return appropriate medical and medication authorisation forms
- Maintain regular communication with school staff and notify school staff if there is a change in their child’s asthma management
YEAR 6 SENIOR SHIRTS

Graduation shirts are almost ready to be ordered! A form has been sent home to students with a mock-up of the proposed shirt. The shirt is a lightweight fabric similar to the new Calen School shirts. It will have the students’ names and the Calen crest on the back and another crest on the front. Please return the order form to the office as soon as possible so that everything can be finalised and the shirts ordered.

It is important that the shirts are ordered quickly, because they will take approximately 6-8 weeks to arrive once the order has been placed.

Please note that in order to receive a senior shirt, the Student Resource Scheme (SRS) Participation Form must be returned to the school, all school fees must be either already paid or a prior arrangement in place with the office staff.

BREAKFAST CLUB

Breakfast club for the last week of this term commencing Monday 30th March will be held on Monday, Tuesday and Wednesday. Please note this change is for this week only and will return to Tuesday, Wednesday and Thursday next term.

UNIQUE STUDENT IDENTIFIER (USI)

The USI (Unique Student Identifier) was introduced nationally on 1 January 2015 for all students studying VET qualifications. The school will not be permitted to issue Statements of Attainment or Certificates after this date unless students have a USI.

A USI is effectively an account or 10 character alpha-numeric reference which will allow all of an individual’s training records, entered in the National Vocational Education and Training (VET) data collection, to be linked. The USI will make it easier for students to find, collate and authenticate their VET achievements into a single transcript. It will also ensure that students’ VET records are not lost.

The USI will be available online and at no cost to the student. It will stay with the student for life and be recorded with any nationally-recognised VET course that is undertaken. In order to obtain a USI, students are required by the federal government to provide one of the following forms of identification, such as:

- Australian Birth Certificate (full certificate)
- Medicare Card
- Australian Passport
- VISA (for internal students)
- Certificate of Registration by Descent
- Citizenship Certificate

Application forms were recently sent home with students detailing how to obtain their USI. Once the USI has been obtained, please complete the bottom section of the form nominating that they have successfully complete the USI registration and authorise their USI to be entered and stored in school records for VET purposes. Could you please ensure that these forms are returned to the office as soon as possible.
DADS READ AT THE FOOTY

Saturday 28 March 2015 (4:00pm – 7:30pm) Mackay Stadium

What’s On?
Be part of the big read at Mackay Stadium.
Make sure you arrive when the gates open and you will receive a free award-winning children’s picture book to keep. At half time the CEO of the Mackay Cutters – Ross Aldridge, will share why he’s a reading dad and how this simple activity can make a difference for children across the region.

Dads Read at the Community Corner
Come and see us at the Community Corner for free giveaways, posters, tattoos, balloons and more, plus lots of great ideas and tips for encouraging dads to read more and why it’s important.

But wait, there’s more!
Make sure you grab a postcard from the Dads Read stand, complete your details and return it to your local Mackay library and you’ll receive an activity pack filled with many more exciting resources to support reading and talking with your children from birth. Packs are limited so make sure you visit your library soon!

Look forward to seeing you at the game!

What is Read4Life!

Read4Life is proud to support Dads Read at the Footy, and works directly with your community to support parents and caregivers in their most important role as their child’s first and most influential teacher. Reading and talking together from birth is the easiest way to give children the best start in school and in life.

For more information about Read4Life and Dads Read visit: www.slq.qld.gov.au/read4life
or chat to the friendly staff at your local library.

Read4Life is a community partnership between State Library of Queensland, BHP Billiton Mitsui Coal, Queensland Library Foundation and the Mackay Regional Council. Read4Life is proudly supported by Let’s Read, Australian Literacy Educators’ Association and the Department of Education and Training.

LOCAL TYRE FITTER

Caban Tyres

Wayne & Sherry Caban
Tyre Fitter / Driver

Give us a call for all your tyre needs
0437336816
REGISTER YOUR CHILD HOT SHOTS TENNIS

As an official venue of Tennis Australia’s National School Partnership Program (NSPP), students will experience the national kids’ starter program ANZ Tennis Hot Shots in their health and physical education curriculum.

Tennis Australia has partnered with our school and as a valued supporter of the NSPP, all children within the school are able to register to claim their free T-shirt. For every child who registers, our school will be supported by a $2 rebate to put towards tennis equipment at the school ensuring the children are always able to play tennis. In addition to this, TennisConnect rewards schools that connect their players to tennis. Tennis Australia are offering an additional $5 reward for every registered participant who provides and verifies their personal details online. Once your child is registered, you will receive an email to verify their information.

Registration forms have recently been sent home with all students. If you have not already returned this completed Hot Shots Tennis form to the office, could you please do so - extra copies are available from the office. If we all get together and return as many forms as possible, even if you are not interested in the shirt, it will help our school receive the rebate offered by Tennis Australia.

FREE HEALTHY LIFESTYLE PROGRAM

Get your family active and eating well

Local families can now sign up for the free healthy lifestyle program called PEACH™ - Parenting, Eating and Activity for Child Health. Registrations are now open for a group to commence in Mackay term 2, 2015.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of everyday life. It is available to families with a child aged between 5-11 years who is above a healthy weight for their age.

It consists of 10 group sessions that run for 90 minutes each. The first 9 sessions are held weekly within the school term. Ongoing individualised family support is offered through the second half of the program ending with one final group session.

Some of the topics covered include nutrition skills, relationships with food and eating, changing family lifestyle behaviours and making healthy eating affordable. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

The program is funded by the Queensland government and being delivered by the Queensland University of Technology. If you would like more information about the PEACH™ program or to register please call 1800 263 519 or visit www.peachqld.com.au
Fancy winning your school a $1000 cash grant and a $500 STAEDTLER prize pack?

World Kids Colouring Day is on May 6th 2015 but it doesn’t have to be just on this day - taking part is far more important. Lock it in your calendar now and register, to receive your supporter pack. This year’s theme is “Colourful Dreams”. This will allow children to come together and playfully express their ideas on the wonderful places, animals or much loved people that they dream about. It will also allow them to support writing manufacturer STAEDTLER, in raising money for Save the Children Australia at the same time. STAEDTLER will match every dollar fundraised for Save the Children!

STAEDTLER has done all the thinking for you! You can now download some excellent educational material such as ready-made worksheets! Schools that enter as a class will have the chance to win the group prize of AUD $1,000 cash grant plus a STAEDTLER prize pack valued at $500AUD. Prizes are also up for grabs for the most creative individual entry and for our ‘donation champions’. If you have any questions don’t hesitate to contact us at contact@world-kids-colouring-day.com.au

MACKAY EISTEDDFOD SCHEDULE

Entries are now open for the 2015 Mackay Eisteddfod. The Schedule and entry forms can be found on our website www.mackayeisteddfod.com.au If you would still like to purchase our complete schedule, they can be purchased from the Eisteddfod office for $6.60.

This year the Eisteddfod runs from the 4th October to 25th October.

This year entries close 5pm of Wednesday 14th May, with late entries closing on the 20th May. Please ensure that your entry forms and payments are received by the 14th May to avoid paying the late entry fee or missing out. Once your entry has been processed you will receive an email confirmation of your entry.

A reminder that seat numbers for choirs are to be emailed to: eisteddfod.mackay@bigpond.com at least one week before the competition date. We look forward to seeing you at the Mackay Eisteddfod. If you have any questions please do not hesitate to contact us.
Unsafe food is linked to the deaths of an estimated 2 million people annually – including many children. Food containing harmful bacteria, viruses, parasites or chemical substances is responsible for more than 200 diseases, ranging from diarrhoea to cancers.

The topic for World Health Day 2015 is food safety. As our food supply becomes increasingly globalised, the need to strengthen food safety systems in and between all countries is becoming more and more evident. That is why the World Health Organisation (WHO) is promoting efforts to improve food safety, from farm to plate (and everywhere in between) on World Health Day, 7th April 2015.

**Five keys to safer food**

Food safety is shared responsibility. It is important to work all along the food production chain – from farmers and manufacturers to vendors and consumers. For example, WHO’s Five keys to safer food offer practical guidance to vendors and consumers for handling and preparing food:

Key 1: Keep clean
Key 2: Separate raw and cooked food
Key 3: Cook food thoroughly
Key 4: Keep food at safe temperatures
Key 5: Use safe water and raw materials

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**ZUMBA FITNESS CLASSES FOR KIDS**

I am looking at holding a regular ZUMBA® Kids and a Kids Jr. class once a week, before my adults class at the Bloomsbury Soldiers’ Memorial Hall on Tuesdays. If I have enough interest classes will commence with term 2. Cost will be $50 per child (9 classes & 1 performance)

Zumba for kids is more than just exercise. The goal of Zumba for kids is to develop a healthy lifestyle, and to incorporate fitness as a natural part of childrens’ lives, not just a class they attend once a week. While exercise is indeed a very important element of childhood development Zumba Kids also considers other facets of the child’s development.

Zumba® Kids classes are high energy fitness-parties that offer real results. Packed with specially choreographed routines and the latest music-like hip hop and reaggaeton, Zumba® Kids classes increase focus on self-confidence, boost metabolism and improve co-ordination. More than just a great way to stay active and healthy, Zumba® Kids classes offer a welcoming and upbeat atmosphere for kids.

Please direct all interest and/or registrations to:
Michelle 0488 678 884

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**EXPRESSIONS OF INTEREST**

**ZUMBA® KIDS & ZUMBA® KIDS JR.**

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