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PRINCIPAL'S MESSAGE

13/03/2024

Issue 2 – 2024 Term 1

Dear Parents and Carers,

There are less than three weeks to go before we reach the end of the first term. I'm pleased to report that students are now well settled into learning routines, and classrooms are busy with the wonderful buzz of learning talk, thinking and demonstration of understanding in varied ways.

Engagement is a key prerequisite for successful learning – if students are interested in what's being asked of them or the way they are being asked to work, then they are more likely to succeed. There is an important place for explicit teaching (teachers: showing, telling, and explaining to students, students: practising specific skills). However, an inquiry approach to learning is also an important pedagogical practice at Calen, along with taking learning out of the conventional classroom. Regardless of the environment, teachers make clear the intention of the learning and/or support children in asking their own inquiry questions, and then help them in learning the skills needed to answer them.

NAPLAN is underway, students in Years 3, 5, 7 and 9 have commenced their NAPLAN tests this week. Further information about the NAPLAN tests have been sent to parents of students in those year levels. We wish our students the best with these tests. Although the tests aren't everything, it's another great opportunity to see where our students are at and how we can best support them.

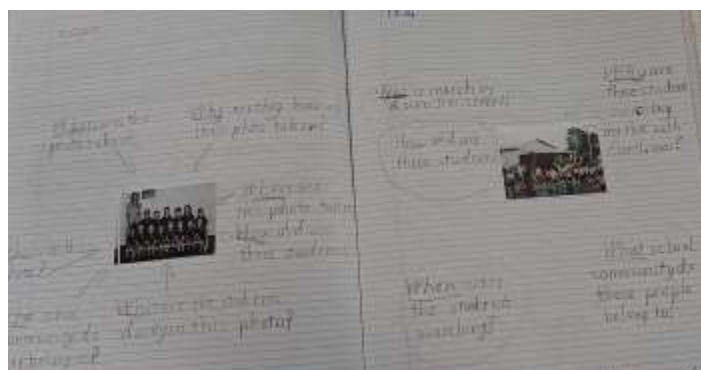
Here at Calen District State College, staff are continually looking at new and innovative ways to address contemporary challenges at school. We get a lot of feedback, whether it be through our School Review, School Opinion Surveys, P & C meetings and in conversations with parents and community during our regular operations. This feedback helps us focus on particular areas of improvement. Based on strong feedback, we've introduced an exciting new initiative at Calen - the Reset Room. The Reset Room is a new way of working with some of our students that need additional support in demonstrating school expectations.

When teachers refer a student to the Reset Room, often, punishments have failed them. The focus of the Reset Room is instead to engage referred students in restorative practice, relationship building, and behaviour coaching. Students learn how to manage their behaviour, regulate their emotions, and return ready to communicate and repair relationships. Students that are referred also continue to engage in their regular classwork, with the support of the supervising teacher. The Reset Room benefits all students, by providing tailored support to our students who need it the most and minimal disruption to those already engaged. Currently, the Reset Room is staffed by Mr O'Brien, Mr Jeewandara, Mrs Spreadborough and Mr Richards. We look forward to seeing this initiative grow over time.

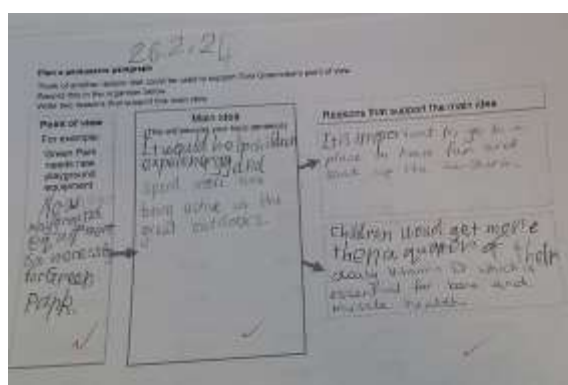
Thanks,
Pree Jeewandara
Deputy Principal

Year 3/4

Welcome back! Year 3/4 have been very busy since the last newsletter. In HASS, students are using their inquiry skills to investigate communities in Calen. On Friday, our class formulated their first HASS paragraph. Using the photograph artefact, students generated questions to research. Mrs Spreadborough was our greatest source of knowledge. Thank you, Mrs Nilsson, for providing the second photo.



Friday 1st March 2024
In the photo dated 25th April 2001, Calen P-10 State School students and their teachers marched down McIntyre, Calen. Students aged between five and fifteen commemorated ANZAC Day by marching with their community. Parents and citizens brought their children to participate.



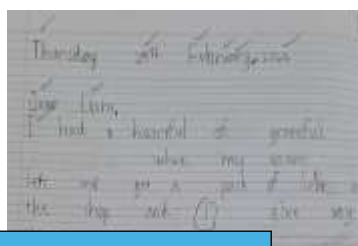
In English, students are working hard on their assessment. Students are planning multiple persuasive paragraphs. Their responses are formulated from a newspaper stimulus.



Harry, our pet Highland Cow has been out every weekend tiki-touring about in our community. He has been very busy!



Daily writing routines provide opportunities for our students to extend their current knowledge,



In Science, students are investigating native Australian animals. We have learnt about earthworms, sea turtles, kangaroos and wallabies, the platypus, and freshwater turtles. Next week, we will be researching the echidna.



Students are practising logons and how to access and perform NAPLAN. You can practise at home also:

<https://www.nap.edu.au/naplan/public-demonstration-site>

Our students are busy making projects in Art and Design Technologies. Students have been busy designing a re-purpose for old cardboard boxes. If you have any cardboard boxes – large or small, please send them our way!

Year 3/4 wish you and your family a wonderful Easter and a safe holiday.



Secondary students who received recognition on assembly for the week starting 11th of March - some even received more than one certificate. Well done!

A Big Thank You

The Technology Food and Fibre Department would like to offer Mrs Dee Nilsson a huge thank you for her kind donation of fabric and other craft items to enhance the learning of our students.

Thank you to Keri and the Cantankerous Cow

Riley, Keri Gard and Tasha

Thank you to our local food truck owner – Keri Gard and 'The Cantankerous Cow' for visiting the school at lunchtime on Monday. She graciously agreed to be interviewed by the Year 11/12 Hospitality students for their current assignment.

Students had some curly questions; however, Keri was up to the task and gave them a great insight into her reasons for running a mobile small business. She provided lots of wisdom about the set up, and challenges of serving travellers on the highway.

Everyone in the class appreciated her help and we promise to organise another visit, when perhaps more students could buy a cold beverage.



Pillows and Cushion Covers



TFF students have been working on their textile's knowledge this term. The Year 7 students have been having fun learning to use the sewing machine and making lots of different shaped pillows for many uses at home – from jewellery cushions to neck pillows.

The Year 10 class have been revisiting their zip insertion skills. Xander has very proudly finished his cushion cover and insert, which he is planning on using when he sits on his bed and games.

Valentine's Day Free Dress



Mocktail 2024



Our year 12 students had the opportunity to experience an event known as the 'Mocktail' last Friday night. It was held at the Mackay Entertainment Centre (MECC). A record number of students from across 16 secondary schools travelled as far as Moranbah, Bowen and Sarina to get a taste of the glitz and glam of Mackay's Mocktail dance. This was a chance for Year 12 students from a variety of schools to mix and mingle, dressed in their best attire, while raising money for youth services across the region. The Mocktail is a non-alcoholic event.

This year was the 32nd year with a record-breaking 1120 students attending. Our students looked fantastic. It was a very proud moment seeing them all dressed up. Fun was had by all, with music, drinks, dancing and meeting new people. A special thanks to Miss Ward who also attended this event with me.

Mrs Donovan

Article from the Mocktail Coordinators

An alcohol and drug free, interschool, dance party, the Mocktail event held at the MECC had the tunes pumping from 7-11pm. The dance floor overflowed with year 12 students busting their moves all night long. Six schools performed in Talent Competition with a broad variety of highly entertaining talent from solo singers and a dance group to a drum ensemble. The Talent Competition judges, Mackay Mayor, Greg Williamson and founder of the Seniors Club, Russell French, had a very difficult job, but ended up awarding the following placings:

- 1st place – Mackay SHS – Angel, Dance Group - Daryl, Charlene, Mikka, Carleighn
- 2nd place - St Patrick's College - Solo Singer - Billie
- 3rd place – Mirani SHS - Solo Singer – Darby
- 4th place – Mackay Northern Beaches SHS - Solo Singer - Lukas

NB Catch some of these performances on our Facebook Page: **The Mocktail – Seniors Club Inc.**

The Seniors Club Inc. donates income from every Mocktail event to support young people in our district. Each year the Mocktail donates \$500 to all participating schools. This year a total of \$7 000 will go to local high schools, as well as \$2000 each to three local youth-based organisations, totalling \$13 000 dollars donated to charity from this year's event.

The committee of the Seniors Club Inc. would like to thank Calen District State College for their continued support of the Mocktail event over the last 32 years through selling tickets, organising talent competition entries, and providing staff to supervise students on the night. We look forward to the next Mocktail event on Friday 14 March 2025.



For those of you who don't know me, I am Cherie Baker, the Breakfast Club Coordinator. I would like to personally thank all the parents who have donated items to the Breakfast Club. Your generosity has helped immensely.

Cherie

DATE CLAIMERS

MARCH	APRIL	MAY
13 th ...NAPLAN commences 14 th ...Primary Cross Country (2017 to 2019) 15 th ...Remaining Primary & Secondary Cross Country 16 th ... Cake Stall at Polling Booth 21 st ...Primary school Pool Party 21 stHarmony Day 28 thEnd of Term 1	15 th Start of Term 2 16 th MDSS Cross Country 25 th ANZAC Day holiday 22 ndCWA International Day	6 th Labour Day Holiday 7 th – 24 th NAPLAN – Civics and Citizenship (Year 6) 8 thCWA Mother's Day Hoy 17 th Quizworx Performance for Years 1-6 27 th Interschol Chess Competition - Mackay

Harmony Day

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. To recognise and celebrate Harmony Day, students are invited to wear orange on Thursday 21st March.

No gold coin donation is required.

Outfits should still adhere to our school's dress code policy regarding appropriateness and jewellery.

Mrs Dot Donovan

P & C

Our AGM Meeting is being held today and I would like to thank all the parents and staff who are attending. It will be bittersweet for myself, as I step down from the position of President to allow space for some fresh new faces to step up and take the P&C into 2024.

I would like to welcome Stephanie Pearson as your new P & C President, Donna Jacobs as Treasurer and Kirstie Pratt as Secretary for 2024. These ladies are keen and excited to take on their new roles and have some great ideas going forward.

As I take more of a middle seat, I would just like to thank all the staff who made my time as President such an easy transition, and for their constant support and help with all my questions over the years. Also, to all the students who I have had the pleasure of working with, who constantly put their hands up to help us out. It really was appreciated. Finally, my appreciation extends to the parents who supported my team and I with helping set up, serving, donating food items or buying raffle tickets. It all helped, and I am so grateful.

I wish the new team all the best and I hope we can all get behind them to make 2024 an amazing year for our P & C and the school. Remember our meetings are held every second Wednesday of the month at 3.15pm in the school staffroom. A secondary student is there to look after any children so feel free to bring them along.

If you would like to become a member, but you can't make the meetings, please email president.calenpandc@gmail.com for a membership form and you will receive the meeting minutes via email. You can also reach out to us and follow along on our Facebook pages 'Calen District State College P&C' and 'Calen Casinio Night'.

Thank you,

Monica Galea - Outgoing P&C President

Chappy's Chat



Hi all!

Well, it's still Term 1 and it's still raining!

For parents new to the College, my name is Alun Tunnah, and I am the College Chaplain. I work at the College every Wednesday and Friday. I am an ex-student of Calen Primary school and have been a teacher for the last 40 years, so I feel very comfortable working in a school environment.

I spend my time assisting students and parents through the hard days that everyone experiences from time to time. I work closely with the Guidance Officer, the Youth Worker, the School Nurse, and the College Administration to identify where and how I can be most effective.

My day-to-day work involves being in classrooms, working with students in the class or taking small groups out to provide educational support. I am fortunate to get to know the students and teachers through lunchtime chats and some sporting challenges.

I am currently training to run / wade / swim the Cross Country to encourage students to participate and accept the challenge of doing things outside of their comfort zone. If you are at the start /finish line, please cheer on all students who have a go (and bring adrenalin or oxygen for Chappy!).

If you would like a chat, please call the College for an appointment or for a time I can call you.

Have a great week,
Chappy.

Can you help?

I am trying to collect some working or nearly working **bicycles** to assist our Pedal Powered Vehicle team get some cycle fitness. If you have one that would suit a high school student that you can donate to the team it would be greatly appreciated. Please message me on 0435156328 to organise collection or delivery.

Thanks,
Chappy



Josh worked at Yamaha Music. His supervisor told us that it was great to have him there as it was a busy week. Josh was a real help, not only in the shop but also getting stock from the warehouse.

Work Experience Visits

I was privileged to visit some of our students while on Work Experience. It was wonderful to receive very positive feedback from both students and employers - lots of great smiles from everyone. A huge vote of appreciation to all the employers who took on one of our students.

Reagan worked in the Prep/1 classroom and was always very smartly dressed and very helpful. Apparently, Reagan couldn't get over how busy the Prep/1s were.





This work experience placement was right up Blair's alley. His supervisors said that Blair was extremely co-operative and willing to undertake any job. Blair really enjoyed helping pull apart some of the old computers and getting advice about his own machine.



Rhianna attended work experience at Stabler and Howlett at Ooralea. She really enjoyed the variety of experiences she was offered. Veterinary Assistance is an area that she is very keen to work in when she leaves school



Jorja was placed at St Francis of Assisi aged care facility. She really enjoyed assisting with the residents and is keen to learn more about the training needed to work in this industry.



Baylee was placed at Wonderkids Early Learning and really enjoyed the experience. She was so keen that she has plans to find out about traineeships and Certificates in Childcare.



Tasha was placed at Good Shepherd Lodge and worked in the diversional therapy area. Tasha showed maturity and responsibility and was trusted to be an escort for one of the residents on a shopping expedition.



Cooper worked at the Laptop Man, and it was really pleasing to hear his supervisor say that "Cooper was a self-starter and you only had to tell him once how to do a job". Great Work!

Fantastic to hear that our students are shining!



During Term 1 in HASS, the students have been working hard on learning about the life of the Vikings, who were the Vikings, and how the environment impacted on the Viking's lives. Students had to investigate Leif Ericson (c.970 to c.1020) and how he was influenced by the beliefs and values of the Viking society. These are just some of the areas the students had to learn. We had a bit of fun creating some great shields that the Viking would use. They also learnt and wrote in Noreman their names.

Mrs Donovan

ENGLISH IS THE ONLY LANGUAGE WHERE YOU DRIVE IN PARKWAYS AND PARK IN DRIVEWAYS.	THE WORD QUEUE IS JUST A Q FOLLOWED BY FOUR SILENT LETTERS.
IT'S ALSO THE ONLY LANGUAGE WHERE YOU RECITE IN A PLAY AND PLAY IN A RECITAL.	JAIL AND PRISON ARE SYNONYMS. BUT JAILER AND PRISONER ARE ANTONYMS.
YOUR FINGERS HAVE FINGERTIPS BUT YOUR TOES DON'T HAVE TOETIPS.	WHEN YOU TRANSPORT SOMETHING BY CAR, IT'S CALLED A SHIPMENT. BUT WHEN YOU TRANSPORT SOMETHING BY SHIP, IT'S CALLED CARGO.
YET, YOU CAN TIPTOE BUT NOT TIPFINGER.	

Primary Student Council Pool

Party

Thursday 21st of March

3:00 – 4:15

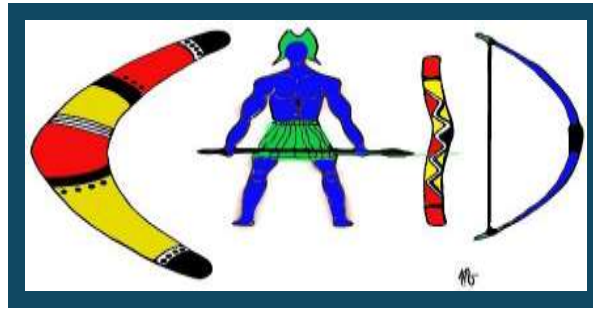
Entry - Gold coin donation

Chips, drinks, lollies and popcorn on sale.

Prep and Year one students must be accompanied by a parent in the pool.



Cultural Arts in Dance



Ya pulingina (Hello & welcome),

Our school has some exciting news! We have been lucky enough to have the world-renowned dancer, Mr Patrick Thaiday and his niece, Billie Jo Mooney visit our school and work with our students on a 10-week dance program.

Former Bangarra Principal Dancer & acclaimed Australian Award winner in dance, Mr Patrick Thaiday, is delivering the Cultural Arts in Dance (CAID) Program, alongside experienced dance artist NAISDA alumni, Billie Jo Mooney.



This dance program is support by the PCYC Mackay. We would like to thank them for giving our students the opportunity to experience Patrick and Billie Jo's talents.

Our primary and high school students who nominated for this opportunity will be learning contemporary and traditional dancing. Our vision is to provide a safe and culturally artistic environment for Indigenous and non-Indigenous students to express, develop and sustain creative abilities through dance.

Have a great week.

Aunty Dot

School Nurse



Megan Webster

Some of the main issues for which young people and their families access a SBYHN include:

- Mental health, including social & emotional wellbeing ☒
- Healthy Relationships ☒
- Stress ☒
- Eating issues ☒
- Sexual and reproductive health ☒
- Drugs (including Vaping, tobacco and alcohol) ☒
- Growth and development.



Individual health consultations with your teenager may include: ☒

- early detection of actual or potential health problems ☒
- providing information, options or referrals regarding relevant health services to provide them with further assessment, treatment or support and ☒
- providing brief interventions and/or referrals as appropriate.

Contact via email at mwebs101@eq.edu.au
Available alternate Wednesdays (Week A)

School Based Youth Health Nurse Megan Webster:

SBYHNs focus on preventative health for young people and provide:


- ♣ a confidential health service
- ♣ health information to students, teachers and the school community
- ♣ intervention and links to other services as required

You or your teenager can make an appointment with the SBYHN to discuss any questions about their health or alternatively the students Support Team may make a referral to the SBYHN.

These appointments are confidential, and the nurse will not share any information without consent unless there is a risk to their health in not sharing this information with others. In most cases, it is best for young people to talk to their parents about health and wellbeing issues. The SBYHN can support your teenager to do this."

Megan Webster

PRIMARY AWARDS

 PRIMARY AWARDS			
Year Level	Student	Positive Behaviour Award	Award Issued By
Prep/1	Jessica	Working hard in Maths to count by 2s to 100.	Mrs Peach
	James	For great sounding out when writing. Well done!	Mrs Peach
	Bailey	For great sounding out when writing. Well done!	Mrs Peach
01-02	Mylee	For working hard in Maths to partition 2-digit numbers.	Mrs Caruana
	Jaxon	For working hard in Maths to partition 2-digit numbers.	Mrs Caruana
	Huer	For being a great role model during explicit phonics lessons.	Mrs Caruana
	Brodie	For actively participating in Maths lessons.	Mrs Caruana
	Brody	For doing a great job acting out a character from a familiar narrative.	Mrs Caruana
	Kingston	For drawing great images to retell a familiar narrative.	Mrs Caruana
	Kaitlyn	For posing great questions in Maths to collect data.	Mrs Caruana
	Shirley	For always working hard and trying your best.	Mrs Caruana
	Katie	For writing great simple sentences with additional details.	Mrs Caruana
	Bridie	Outstanding effort completing your mid-term Maths exams. Keep up the great work.	Mrs Atherstone
04-05	Hannah	For taking pride in our school and picking up rubbish.	Mrs Hunter
	Zaylia	For taking pride in our school and picking up rubbish.	Mrs Hunter
	Lyla	For taking pride in our school and picking up rubbish.	Mrs Hunter
	Tate	For working well on his Science assessment.	Mrs Hunter
	Lyla	For good work in Maths.	Mrs Hunter
	Jack	For trying hard with his 'Fantasy' story.	Mrs Hunter
	Arcadia	For always working well.	Mrs Hunter
	Charlie	Displaying great leadership in group work.	Mrs. Rankin
	Cade	Offering assistance to fellow classmates.	Mrs. Rankin
	Braxton	Showing great progress in Mathematic lessons.	Mrs. Rankin
	Ashton	Participation in class and offering related humorous input.	Mrs. Rankin
	Tom	Outstanding results in Mathematics test (DATA),	Mrs. Rankin
	Sarah	Sharing great ideas for her story and following feedback.	Mrs. Rankin
	Isla	Producing an outstanding 'Fantasy' story.	Mrs. Rankin
	Ashley	Producing an outstanding 'Fantasy' story.	Mrs Rankin
	Zayliah	Producing an outstanding 'Fantasy' story	Mrs Rankin
	Willum	Showing persistence to master long division.	Mrs Rankin
	Tilly	The quiet achiever in the year 5/6 classroom.	Mrs Rankin
	Ella	Always doing her best in the classroom and training for Cross Country.	Mrs Rankin

SECONDARY AWARDS

SECONDARY AWARDS			
Year Level	Student	Positive Behaviour Award	Award Issued By
07	Lillie	Working extremely well in History.	Mrs Donovan
	Addison	Working extremely well in History.	Mrs Donovan
	Rebecca	Working extremely well in History.	Mrs Donovan
	Gordon	Working extremely well in History.	Mrs Donovan
	Kaiyah	Working extremely well in History.	Mrs Donovan
	Raelahni	Working extremely well in History.	Mrs Donovan
	Benjamin	Working extremely well in History.	Mrs Donovan
	Aaliyah	Working extremely well in History.	Mrs Donovan
	Addison	For good effort in your Maths exam.	Mr Duncan
	Rebecca	For good effort in your Maths exam.	Mr Duncan
	Gordon	For good effort in your Maths exam.	Mr Duncan
	Lillie	For good effort in your Maths exam.	Mr Duncan
	Kaiyah	For good effort in your Maths exam.	Mr Duncan
	Benjamin	For good effort in your Maths exam.	Mr Duncan
	Flynn	For good effort in your Maths exam.	Mr Duncan
08	Lacie	Excellent work in History.	Mrs Donovan
	Xen	Excellent work in History.	Mrs Donovan
	Edward	Excellent work in History.	Mrs Donovan
	Charlee	Excellent work in History.	Mrs Donovan
	Tessa	Excellent work in History.	Mrs Donovan
	Cadence	Excellent work in History.	Mrs Donovan
	Colton	Excellent work in History.	Mrs Donovan
	Mikayla	Excellent work in History.	Mrs Donovan
	Ashlee	Excellent work in History.	Mrs Donovan
09	Mika	Participating well in Maths.	Mrs Gardner
	Emily	Participating well in Maths.	Mrs Gardner
	Jorja	Participating well in Maths.	Mrs Gardner
	Talia	Participating well in Maths.	Mrs Gardner
	Jett	Excellent work in History.	Dot Donovan
	Talia	Excellent work in History.	Dot Donovan
	Jorjia	Excellent work in History.	Dot Donovan
	Mika	Excellent work in History.	Dot Donovan
	Cooper	Excellent work in History.	Dot Donovan
	Noah	Excellent work in History.	Dot Donovan
10	Rhianna	Working well in Maths.	Mrs Gardner
	Izzy	Being a great help.	Ms Ward
	Jorja	Participating well in English.	Ms Luckel
	Ryan	Participating well in English.	Ms Luckel
	Xander	Participating well in English.	Ms Luckel
11	Lilly	Participating well in Maths.	Mrs Gardner
	Logan	Participating well in Maths.	Mrs Gardner
	Bailey	Participating well in Maths.	Mrs Gardner
	Justine	Participating well in Maths.	Mrs Gardner
	Ella	Participating well in Maths.	Mrs Gardner
	Molly	Working well in Essential English.	Mrs Donovan
	Kaylen	Working well in Essential English.	Mrs Donovan
	Joshua	Working well in Essential English.	Mrs Donovan
	Harry	Working well in Essential English.	Mrs Donovan
	Michael	Good work on his persuasive text.	Mrs Gardner
12	Tasha	Good work on your essay.	Mrs Gardner
	Amy	Participating well in Maths.	Mrs Gardner
	Chloe	Participating well in Maths.	Mrs Gardner
	Ella	Participating well in Maths.	Mrs Gardner
	Austin	Participating well in Maths.	Mrs Gardner
	Tasha	Helping out on the oval/sports shed.	Mrs Spreadborough
	Tasha	Working hard on your assessment piece in Sport & Recreation.	Mr Lyons
	Austin	Working hard on your assessment piece in Sport & Recreation.	Mr Lyons
	Riley	Working hard on your assessment piece in Sport & Recreation.	Mr Lyons
	Will	Working hard on your assessment piece in Sport & Recreation.	Mr Lyons
	Hunter	Working hard on your assessment piece in Sport & Recreation.	Mr Lyons

CLASSES OF YOUTH PHOTOGRAPHY

People Class: 22011 (Primary) & 22018 (Secondary)

Prizemoney fully sponsored by Torque Enterprises Pty Ltd
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Covers photographs where people are the dominant subject/s and can include character studies, portraits, sports, action and crowd scenes. People images may be Colour, Black & White or Monochrome.

Plants Class: 22012 (Primary) & 22019 (Secondary)

Prizemoney fully sponsored by Torque Enterprises Pty Ltd
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Covers plants including flowers, fungi, lichens or other living (or once living) things that are not in the animal kingdom. In each case the primary subject for Plants must be the plant (not for example, a landscape that has some plants scattered around).

Animals Class: 22013 (Primary) & 22020 (Secondary)

Prizemoney fully sponsored by Torque Enterprises Pty Ltd
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Animal class includes all creatures in the animal kingdom – wild, domestic and pets. Examples include, among others, mammals, reptiles, amphibians, fish, insects, birds, mollusks and arthropods.

Scapes Classes: 22014 (Primary) & 22021 (Secondary)

Prizemoney fully sponsored by Torque Enterprises Pty Ltd
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Landscape: A landscape is a picture of natural inland scenery. It may include houses, other evidence of man, people, animals and even part of the sea provided that none of these dominate the picture.

Seascape: A seascape is a photograph of natural coastal scenery, a wave study or a picture of the open sea. People, boats or items related to these may be present as incidental items in the picture. Large saltwater inlets are eligible but inland waters are excluded.

Urban/City/Other: The choice of subject matter can vary to offer other variety of "scapes" but it will be up to the entrant to ensure that the end result is apparent to the viewer - i.e., the impact of the image will come from the subject matter chosen. A "cityscape" or "urban landscape" subject will be identifiable to the viewer.

Images in Scapes may be Colour, Black & White or Monochrome.

Creative Class: 22015 (Primary) & 22022 (Secondary)

Prizemoney sponsored by TranTech Computers (\$50) & Whitson Dawson (\$50)
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Any image where the artist has demonstrated innovation in photographic expression.

All images, and any part of the images, must be entirely the work of the entrant, including post-processing and editing. All images must have a photographic origin, and the entrant must hold the copyright for the images and not infringe any copyright, moral right or other rights of any person. Where part of an image has been added to the main image, this must have been photographed by the entrant, e.g. if a sky is added, then this must have been taken by the entrant. The entrant cannot add any items, such as clouds, that are provided by a software program (e.g. AI Generated computer graphic)

Rural Classes: 22016 (Primary) & 22023 (Secondary)

Prizemoney fully sponsored by Canegrowers
1st \$25, 2nd \$15.00, 3rd \$10.00

Images in Rural Photography Class should represent an agricultural subject and fit within one or the three relevant categories i.e. people, landscape & nature or production.

People: includes photo of a person or people including farmers, growers, agricultural workers, rural families, children etc in a rural context.

Landscape & Nature: includes photos of agriculture, rural outback landscapes and nature.

Production: including photos of machinery or technical aspects of farming systems, plant and animal production etc.

Images in Rural Photography may be Colour, Black & White or Monochrome

Open Classes: 22017 (Primary) & 22024 (Secondary)

Prizemoney fully sponsored by a private sponsor
1st \$25.00, 2nd \$15.00, 3rd \$10.00

Any subject treated pictorially i.e., embodying the elements of good design, arrangement or composition and which reflects the personal interpretation of the photographer.

E-CIGARETTES / VAPING

UNVEIL WHAT THEY INHALE – RESOURCES TO HELP YOU DISCUSS THE RISKS OF VAPING

Talking to children and teenagers about the risks of vaping can be difficult.

Vaping is becoming more and more popular with Australia's youth, but this trending activity poses a serious concern to young people's health. There is a misconception that vapes contain harmless water vapour and are a 'safer alternative' to traditional cigarettes.

But did you know that vaping can be a gateway to nicotine addiction and future cigarette smoking? Research has unveiled that many vape liquids contain nicotine, even when they are labelled as 'nicotine free'. They also contain a cocktail of toxic chemicals that haven't been tested as inhalants.

The long-term health impacts of vaping are also still unknown, but what has been uncovered about traditional cigarettes in recent decades has experts concerned vapes could lead to the next generation of lung disease and lung cancer.

The following websites have a range of free resources for parents and young people to empower you with the facts and information you need to have informed conversations:

www.lungfoundation.com.au
www.positivechoices.org.au
www.cancercouncil.com.au

IF YOU REQUIRE ANY FURTHER INFORMATION OR WOULD LIKE TO DISCUSS E-CIGARETTES/VAPING FURTHER
PLEASE CONTACT YOUR
SCHOOL BASED YOUTH HEALTH NURSE, MEGAN WEBSTER AT mwebster101@eq.edu.au

Vaping and Young People

Unveil what they inhale – resources to help you discuss the risks of vaping

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But did you know that vaping can be a gateway to nicotine addiction and future cigarette smoking? Research has unveiled that many vape liquids contain nicotine, even when they are labelled as 'nicotine free'. They also contain a cocktail of toxic chemicals that haven't been tested as inhalants. The long-term

health impacts of vaping are also still unknown, but what has been uncovered about traditional cigarettes in recent decades has experts concerned vapes could lead to the next generation of lung disease and lung cancer.

The following websites have a range of free resources for educators, parents and young people to empower you with the facts and information you need to have informed conversations both in the classroom and at home:

- www.lungfoundation.com.au
- www.positivechoices.org.au
- www.cancercouncil.com.au

Additionally, you can contact Megan Webster your School Based Youth Health Nurse at mwebs@eq.edu.au.



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